



## FREQUENTLY ASKED QUESTIONS

### Contents

Is the US Dollar accepted in Cambodia? .....	1
Is transportation available between Phnom Penh and Kampot? .....	1
What type of clothing should I bring to Cambodia? .....	2
What type of food is available in Kampot? .....	2
What type of housing is available in Kampot? .....	3
Which immunizations should I have? .....	3
Are students of professional programs allowed to do clinical rotations at SKMH? .....	4
What type of visa will I need? .....	4
What is the hospital address? .....	4

### Is the US Dollar accepted in Cambodia?

The American dollar is accepted throughout Cambodia. The Cambodian Riel is also used (for small denominations). Banks with ATMs are available in Kampot and most other cities. If you have a valid debit card from any international bank you may withdraw money. Banks often have a daily maximum withdrawal (when using a debit card) and withdrawal often incurs a fee. Some banks also charge a foreign transaction fee. Notify your bank when traveling overseas to avoid the bank freezing your account.

### Is transportation available between Phnom Penh and Kampot?

It is the responsibility of volunteers to organize and fund their own transportation. There are multiple modes of transport between Phnom Penh (PP) and Kampot. From Phnom Penh Airport you can take a taxi to Kampot (approximately \$35-\$45). Prices may be negotiable. Buses services run daily between Phnom Penh and Kampot (approximately \$5 - \$9 per person). Within Phnom Penh and Kampot taxis, tuktuks and motorbike taxis are readily available for local trips (prices may be negotiable).

**Taxis from PP to Kampot:** Taxis are located at the airport. SKMH can help you make a booking before your arrival which may reduce the cost. Price range: \$40 - \$50. Travel time: 2 hours, 45 minutes.



**Tuktuks:** are located at the airport and on streets. Tuktuks cost approximately \$3 per 5 minutes of driving (equivalent to approximately 10 km). Always set a price for beforehand. In Phnom Penh, travelling from the airport to most hotels costs approximately \$8. In Kampot, travelling from the bus station to SKMH costs \$4-\$5. Be flexible and willing to negotiate.

See the website listed below for more details on catching a bus:

<http://www.movetocambodia.com/kep-kampot/how-to-get-from-phnom-penh-to-kampot-and-vice-versa/>

### **What type of clothing should I bring to Cambodia?**

Cambodia is a tropical country where weather is usually warm and humid. Light materials such as cotton are recommended. Rainy season is May – September, so during this time a raincoat and waterproof shoes are essential. Cambodian dress is modest so please respect this. While at the hospital, dress should be tidy and modest (shoulders should be covered and shorts/skirts should go below the knee).

### **What type of food is available in Kampot?**

A variety of Khmer (Cambodian) and Western food is available. There are multiple Western restaurants in Kampot, particularly near the riverfront. Prices are often very reasonable. A large range of tropical fruits is available at Kampot street stalls and markets. Wash these foods thoroughly before eating.

Drink only bottled water. Restaurants catering to foreigners (such as riverside restaurants) serve safe ice and water.



### What type of housing is available in Kampot?

Hotels, hostels and guest houses are available in Kampot. These vary widely in amenities and costs. Refer to websites like Trip advisor or read the SKMH guide entitled “**Accommodation Information**” for further details.

The hospital offers housing on site for some volunteers. Requests are considered individually depending on factors such as room availability, length of stay, and volunteer position. We ask volunteers to make a contribution for their housing to help cover the costs of facilities, utilities and services. Please refer to the “Accommodation Information” guide for current rates.

Each hospital guesthouse has a common kitchen with refrigerator and stove top plus a common living area. Kitchens are equipped with basic furnishings for cooking and eating. Guests have a private bedroom and bathroom with sheets and towels included.

Lunch Monday- Friday is the only meal included in the cost for housing. There is an affordable restaurant within walking distance of the hospital.

### Which immunizations should I have?

If you are coming to Cambodia for longer than two weeks, the following immunizations are strongly recommended:

- **Typhoid fever** (especially if staying more than 4 weeks in Asia)
- **Tetanus** (people who are 25-65 years old only need this every 20 years)
- **Polio** (no longer necessary for Cambodia, but needed for some surrounding countries)
- **Diphtheria** (25-65 year olds only need this every 20 years)
- **Rabies** (Not everyone elects to have this immunization, but there are many dogs in Cambodia. If you will be walking or riding a bike, taking this immunization would be wise)
- If you will be working in a medical/clinical field, you also need:
  - **Hepatitis A**, initial injection, then obtain booster one year later
  - **Hepatitis B**, initial injection, then repeat at 1 month and 6 month intervals (staying longer than 30 days in Asia increases your risk)
  - **Measles, Mumps and Rubella** (primary vaccination and booster)

If you will be spending time up country, we suggest consulting with your health advisor regarding malaria prevention.



**Are students of professional programs allowed to do clinical rotations at SKMH?**

Students are accepted on a case by case basis. We charge an internship placement fee of \$150 USD per month, which helps to cover the costs of supplies and training by our staff.

**What type of visa will I need?**

For correct information regarding visas it is recommended that you visit official websites. To volunteer at SKMH you will need an ordinary business (E) visa which can be purchased before or upon your arrival in Cambodia. An ordinary visa can be extended beyond the default one month period. The volunteer is responsible both for obtaining and affording their own visa. The current cost of an ordinary visa is \$35 USD.

*Please note, upon arrival at SKMH, please ensure you have brought your passport (containing visa) and one passport-sized photo of yourself.*

**What is the hospital address?**

For visa and transport purposes, you may need to quote your address.

- If you are staying in Kampot town use the address of your hotel, guesthouse, or hostel.
- If you are residing at the hospital, you may use the hospital address as listed below:

**Address in English:**

Sonja Kill Memorial Hospital (SKMH)  
National Road #3  
Kampot, Cambodia

**Address in Khmer:**

មន្ទីរពេទ្យអនុស្សាវរីយ៍ស៊ុនយ៉ាឃៀល នៅផ្លូវជាតិលេខ៣ ខេត្តកំពត